

**COAST AND VALLEY
SWIMMING ASSOCIATION INC**



6th
Annual General Meeting
22 June, 2014

Reports and
Financial Statements

COAST AND VALLEY SWIMMING ASSOCIATION INC.

Association Officers & Life Members 2013/14

Patrons	Cr Peter Blackmore	Mayor Maitland City Council
	Cr Doug Eaton	Mayor Wyong Shire Council
	Cr Jodie Harrison	Mayor Lake Macquarie City Council
	Cr Lawrie McKinna	Mayor Gosford City Council

President	David Hinds	Secretary	Jenny Schwetz
Vice President	David Richards	Treasurer	Patricia Roberts
Registrar	Russell Waugh	ATSC Co-ordinator	Norm Roberts
Development Convenor	Thomas Davis		
Committee Members	Matthew Frith	Ian Johnson	Michele Burley-Jones
Selection & Development	Peter Reinhard Tom Davis(Coach)	Belinda Boon	Narelle Murphy
Competition	Deborah Blyth	Narelle Murphy	
ATSC	Michele Burley-Jones David Richards Jim Sheedy	Ian Johnson Jenny Schwetz	Narelle Murphy Cathy Sheedy

LIFE MEMBERS

Don Robertson	Geoff Turner	* Ronald Faraday
Heather Brown	Norma Turner	*John Brown
Karlene Kiem	Gordon Ferguson	*Phyllis Brown
Kengo Yagami	Toni Jennar	*Gay McNaughton
Trevor McNaughton	Harry Schofield	*Allan Scully
Pam Walton	Ed Mitchell	*Nora Roberts
Lee James	Michelle Burley-Jones	*Arthur Roberts
Barbara Starr	David Hinds	*Kelvin Cox
Janice Tredinnick	Norman Roberts	*Peter Andrews
Carol Cairns	Narelle Murphy	*Les Lazarus
Evan Watkins	David Richards	*AM (Bert) Jones
Patricia Roberts	Jenny Schwetz	*John MacNamara

* Denotes Deceased

SERVICE EXCELLENCE AWARD RECIPIENTS

Recognising outstanding service to the Association

2013 Gordon Ferguson
 Norman Roberts

TECHNICAL OFFICIAL AWARDS

TECHNICAL OFFICIAL OF THE YEAR AWARD

2014 Janette Kincaid

ENCOURAGEMENT AWARD

Kym Hobbs/Jeff Gamble

President's Report

Well another year has passed! This is the 5th year that Coast & Valley has been in operation. In this time, I believe, we have achieved a great deal in moving forward by assisting the clubs in our area in giving the best that we can to our swimmers both in competition and development. However, we cannot rest there, as we still have a lot yet to achieve.

I would like to take this opportunity to thank the Management team for another outstanding year.

To Jarrod Anthony our Development Officer- thanks are not nearly enough for the work you do for the Area in assisting all the committees; and in particular your time and help to me, but thank you.

To Russell Waugh and his committee on competitions, and his outstanding job as Registrar, not only do I personally thank you, but the Area also does thank you.

To Tom Davis and his team on Development - I believe that this was a great year: this can be seen by the results of the development programs offered this year- a big thank you for a job well done.

To Norm Roberts and his team on the ASTC: again, this team has delivered training where needed; have looked at new ways to increase assistance to our new officials as well as those who have been around for some time - well done to you and the committee.

Thank you to Matt Frith, Jenny Schwetz and Jarrod Anthony for their work on the new web site.

To Vice President, David Richards my thanks for a job well done: you are always there to assist and give the right advice to make my tasks easier!

To the tireless work of our secretary, Jenny Schwetz who has helped all of the committees, as well as keeping me informed and up to date with everything, and again ensuring that all was done and ready for today. I cannot truly express my gratitude, but thank you.

In summing up, thank you to the clubs who have attended here today: this is your Area - we can only be as strong as we are by your help and participation.

It has been a pleasure to be the president of the premier Area in the State

DAVID J HINDS

**COAST AND VALLEY SWIMMING
ASSOCIATION INC
ABN 73 923 667 340**

Financial Statements

For the year ended 31 March 2014

MARK WAMSLEY CHARTERED ACCOUNTANT
16 Dunbar Street (PO Box 31)
STOCKTON 2295

Phone: 02 49201311

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**Income and expenditure Statement
For the year ended 31 March 2014**

	2014 \$	2013 \$
Income		
Affiliation fee		50
Area fees	11,488	3,714
Carnivals & Championships income	47,729	44,911
Donations	550	
Membership fees		904
Development squad fees	11,922	11,461
Interest received	1,781	2,247
Total Income	73,470	63,287
Expenses		
Accountancy	880	865
Affiliation fees	1,270	974
Bank fees & charges	10	
Carnival & championship expenses	21,087	18,276
Equipment expense	4,682	654
Donations		800
Development squad	16,258	13,861
Filing fees	51	
Honorarium	1,642	1,565
Meeting expenses	1,200	1,937
Postage		99
Printing & stationery	1,364	2,422
Training & Scholarship expenses	3,131	
Trophies	4,067	6,180
Uniforms	70	149
Total expenses	55,713	47,783
Profit from ordinary activities	17,758	15,505
Total changes in equity of the association	17,758	15,505
Opening retained profits	87,158	71,653
Net profit attributable to the association	17,758	15,505
Closing retained profits	104,916	87,158

These financial statements are unaudited. They must be read in conjunction with the attached Accountant's Compilation Report and Notes which form part of these financial statements

Detailed Balance Sheet As At 31 March 2014

	2014 \$	2013 \$
Current Assets		
Cash Assets		
Westpac Chq Account	33,931	32,053
Westpac Cash Reserve Account	37,375	31,730
Westpac Term-199085	23,509	22,475
Westpac Term-238146	10,000	
Cash on Hand	100	100
	104,916	86,358
Receivables		
Sundry debtors		800
		800
Total Current Assets	104,916	87,158
Total Assets	104,916	87,158
Net Assets	104,916	87,158
Members' Funds		
Accumulated surplus (deficit)	104,916	87,158
Total Members' Funds	104,916	87,158

These financial statements are unaudited. They must be read in conjunction with the attached Accountant's Compilation Report and Notes which form part of these financial statements

Notes to the Financial Statements For the year ended 31 March 2014

Note 1: Summary of Significant Accounting Policies

This financial report is a special purpose report prepared in order to satisfy the financial reporting requirements of the Associations Incorporations Act. The committee has determined that the association is not a reporting entity.

The financial report has been prepared on an cash basis and is based on historical costs and does not take into account changing money values or, except where specifically stated, current valuations of non-current assets

The following significant accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted on preparation of this financial report.

a) Cash and Cash Equivalents

Cash and cash equivalents include cash on hand, deposits held at call with banks, and other short –term highly liquid investments with original maturities of three months or less.

b) Revenue and Other Income

Revenue is measured at the fair value of the consideration received or receivable after taking into account any trade discounts and volume rebates allowed. For this purpose, deferred consideration is not discounted to present values when recognising revenue.

Interest revenue is recognised using the effective interest rate method, which for floating rate financial assets is the rate inherent in the instrument. Dividend revenue is recognised when the right to receive a dividend has been established.

Grant and donation income is recognised when the entity obtains control over the funds, which is generally at the time of receipt.

All revenue is stated net of the amount of goods and services tax (GST)

c) Goods and Services Tax (GST)

The Association is not registered or required to be registered for GST

**These notes should be read in conjunction with the attached compilation report of
MARK WALMSLEY CHARTERED ACCOUNTANT**

STATEMENT BY Members of the Committee

For the year ended 31 March 2014

The committee has determined that the association is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements

In the opinion of the Committee the Income and Expenditure Statements, Statement of financial Position and the Notes to the Financial Statements:

1. Presents fairly the financial position of COAST AND VALLEY SWIMMING ASSOCIATION INC as at 31 March 2014 and its performance for the year ended on that date
2. At the date of this statement, there are reasonable grounds to believe that the association will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Committee and is signed for and on behalf of the Committee by:

David Hinds

President

Patricia Roberts

Treasurer

These financial statements are unaudited. They must be read in conjunction with the attached Accountant's Compilation Report and Notes which form part of these financial statements

Compilation Report to COAST AND VALLEY SWIMMING ASSOCIATION INC

We have compiled the accompanying special purpose financial statements of COAST & VALLEY SWIMMING ASSOCIATION INC, which comprise the Income and Expenditure Statement and Balance Sheet as at 31 March 2014, a summary of significant accounting policies and other explanatory notes. The Specific purpose for which the special financial statements have been prepared is to provide financial information to the committee of management.

The Responsibility of the Committee of Management

The committee of management is solely responsible for the information in the special purpose financial statements and has determined that the basis of accounting adopted is appropriate to meet the needs of the committee of management for the purpose of complying with the association's constitution.

Our Responsibility

On the basis of the information provided by the committee of management, we have compiled the accompanying special purpose statements in accordance with the basis of accounting and APE315: Compilation of Financial Information.

Our procedures use accounting expertise to collect, classify and summarise the financial information which the committee of management provided, in compiling the financial statements. Our procedures do not include verification or validation procedures. No audit or review has been performed and accordingly no assurance is expressed;

The special purpose financial statements were compiled exclusively for the benefit of the committee of management. We do not accept responsibility to any other person for the content of the special purpose financial statements.

MARK WALMSLEY CHARTERED
ACCOUNTANT
16 Dunbar Street (PO Box 31)
STOCKTON

Registrar's / Competition Report

I thank Deb Blyth, Narelle Murphy, Jenny Schwetz, David Hinds & Jarrod Anthony for their input & support during the year on the competition committee.

Thank you to the clubs & pools that hosted CVSA events during the year; your co-operation is invaluable in making running these meets easier.

Congratulations:

	2013 Winter Championships	2013/14 Summer Championships.
Champion Club	Hunter	Novocastrian
Female Swimmer of the meet	Michaela Hazel Rachel Wood	Michaela Hazel
Male Swimmer of the meet	Bradley Woodward	Shaye Booth
Development Meet Club of the meet: Hunter Valley Allstars		

Congratulations to the clubs, athletes & coaches in the area who have competed at State & National level.

Once again the Coast & Valley clubs proved more than competitive by finishing well up in the club point score at both Winter & Summer State & Country.

We congratulate the following swimmers who have been selected to represent Australia from the Coast & Valley Area during the 2013/14 season.

Maddison Elliott	Novocastrian	Commonwealth Games, Parra Pan Pacs, IPC World Championships
Taylor Corry	Nelson Bay	Parra Pan Pacs, IPC World Championships
Meg Bailey	Hunter	Junior Pan Pacs
Tiegana Van Roosmalen	Mingara	IPC World Championships

With the non-event of the National Data base & being unable to access online entries at this time thanks must go to race secretaries for the extra workload they have encountered. (Further comment on this in the forum to follow AGM.)

There is a Team Manager & Meet Manager training seminar on October 26th at Edgeworth Bowling Club.

The Competition Committee in conjunction with & approval of the Management Committee are always looking at the best & more affordable ways to best serve CVSA clubs & swimmers. Some things implemented this year:

- Entry fees to races have not increased since inception of CVSA in 2009
- Abolished entry fee to enter relays
- Negotiate the best possible entry charge to venues.

- Introduced a gift payment to Australian squad members from CVSA
- A \$300 grant to clubs for upgrade of Team Manager or Meet Manager programs.

We endeavour to obtain the best available venues for the CVSA Championships & to allocate other swim meet fairly between North, South & West of the area depending on which clubs have applied to host them

Below is a breakdown of the Championship & Encouragement Meets:

	Winter Champs	Summer Champs	Development Meet
Number of Clubs	27	37	23
Number of Athletes	468	473	188
Number of Entries	2331	2270	833

There was an increase in the number of competitors at the Coast and Valley Development Meet this year, which was good to see.

On behalf of the Competition Committee

Thank You

Russell Waugh
Registrar

ANNUAL REPORT

TECHNICAL COMMITTEE

It gives me pleasure submit the Coast and Valley Technical Committee Annual Report.

Once again, it has been a very busy year for all our officials, with Coast and Valley club swim meets held on most weekends, as well as the State meets.

The Country Regional meet was held at Singleton this year with the Singleton Swimming Club hosting the event. Once again it was pleasing to see the number of our area officials attending this meet, and the Technical Training Committee extends our gratitude to the Singleton swimming club for a very well run meet.

I wish to take this opportunity to thank the Coast and Valley Management Committee for the valuable help and support they have given us; without this support the Area would not function as well as it does. I also wish to thank the members of the Area Technical Training Committee for their time and effort over the past season. They have been very active in training new officials and helping others to attain further credentials. It is unfortunate, however, that we are not training enough officials to cover those that are not re-accrediting and are therefore lost to the sport. This is placing extra loads on those that regularly attend the Area swim meets.

The Area held the Annual Technical Officials Dinner again this year for those officials who regularly attend swim meets throughout our Area. The dinner was well attend with (30) thirty officials attending. We were also privileged to have Pat Troy (President of Swimming NSW) in attendance, along with the Jodie Harrison (Mayor of Lake Macquarie).

During the dinner the new Area awards were presented to the following:

Jeanette Kinkade	Technical Official of the Year
Kim Hobbs	Encouragement Award
Jeff Gamble	Encouragement

We extend our gratitude for the valuable time that they have given to the sport of swimming.

Another incentive that has been introduced by the Committee is to invite officials from the Area to attend the Country Championships in Sydney. Those that have been selected to attend this meet show the attributes and commitment necessary to become more experienced officials and attain further credentials. Once again I thank the Management Committee for supporting this concept and those that are attending will have their expenses paid for by the Management Committee.

In conclusion I wish to thank all our hard working officials that give freely of their time and experience to ensure that the swim meets in this Area are run effectively and efficiently for all concerned.

Yours in swimming

Norman Roberts
Area Technical Swimming Co-ordinator

Coast & Valley

Development Report

2013 Season

2013 was another extremely successful season for Coast & Valley swimming with several athletes named on Australian and State representative teams. Over Australian Age, Open Nationals and Short Course National Coast & Valley swimmers featured prominently on the medal dais.

Twenty four swimmers made themselves available for our 'A' squad representing 8 clubs from our area. This squad spent day of June 21 at Newcastle University and were involved with lectures and pool sessions. The feedback from these swimmers was very positive and they enjoyed different coaching ideas from Greg McWhirter (Cherrybrook Carlile).

Thirty two swimmers were a part of 'B' squad, for their development day on June 29 at Newcastle University of which the majority competed in Canberra, September 7-8 against other NSW area squads. The team was made up of 13-18 year olds who had represented their clubs at Country and or State level earlier in the year. Our aim as a committee is to see these swimmers achieve times to move into 'A' squad. It was very pleasing to see several of these swimmers do that over the 2014 summer season. The goal for 'B' squad in Canberra was to compete in as many events as possible to accumulate maximum points. Adam Beisler and I coached while Belinda Boon and Trish Roberts managed the team. Team morale and support was fantastic. Evelynne New (Central Newcastle,) Erin Boon (Kincumber), Chloe Jones and Lucas Baita both (Novocastrian) led the way in terms of performance and race attitude. The team enjoyed a fun night of bunk style accommodation before another long and tough day of racing on Sunday. The team placed second on total points not far behind Metro South East, a superb result considering the size of our team.

'C' squad was comprised of 30 swimmers from 15 different clubs. This squad spent June 30 at Newcastle University learning more about their sport and then competed on July 21 at Springwood. This squad featured our elite 9-12 year olds of which many seem destined to achieve great results in coming years. Several swimmers from this squad are currently State and or Country champions. Jarrod Anthony and Steven Boon were on poolside to assist and guide these young swimmers. Charlie Hawke (Y Valley), Jasmine Anderson (Macquarie Shores) and Zayne Morphew-Watson (Nelson Bay) were dominant throughout the day. Team manager Belinda Boon made a special mention of how fantastic the team support was during the day. The team won 20 gold, 16 silver and 17 bronze.

On August 31 our 'D' squad made up of 88 swimmers spread over 19 clubs had an enjoyable day at Newcastle University as lecturers covered a variety of topics and coaches Adam Beisler and myself took the squad for two pool sessions covering the basics of skills and technique. Then on September 22, over 50 of these swimmers competed at the NSW Development meet in Sydney. This was a superb day with the entire squad performing exceptionally well over the 50m distances. The team won many medals including some massive personal bests. The kids were very well behaved and mannered throughout the day.

On March 15 the thirty swimmers from 'E' squad were fortunate to experience the highest level of swimming when they travelled by bus to the NSW State open. The meet featured several current or former world record holders from around the world. Not only did the team get to watch some brilliant racing they also were lucky enough to swim in the Olympic pool and have a tour around the facility.

As development coordinator I would like to thank the following people for all their efforts over the season in making these squads a success.

Jarrold Anthony

Jenny Schwetz

David Hinds

Belinda Boon

Narelle Murphy

Adam Beisler

Tom Davis

Selection & Development Co-ordinator

Annual Report

Swimming NSW Development Officer

1. **CVSA Management Committee and Standing Committees** - I would like to thank ALL CVSA Management Committee members and Coordinators and their committee members for their time and effort over the past 12 months . This also extends to the families of our committee members for being supportive, enabling them to attend the monthly meetings plus the many hours that are done outside of these times. They have all done a wonderful job in striving to keep Coast and Valley Swimming Association as the number one swimming area in the State.

A special mention to the Secretary, Jenny Schwetz and President, David Hinds for their time and effort throughout the year.

2. **CVSA Technical Officials** – CVSA had a very busy 2013/14 season with over 30 Area swim meets throughout the year. A big thank you to all CVSA officials who generously volunteered their time during the season.

CVSA will be providing Technical Official Training days that will run in conjunction with our Athlete Development days. If your swim club is hosting a swim meet throughout the year it is important that your club have representatives attend these days.

The CVSA Technical Committee hosted the second CVSA dinner for our area technical officials at Gunyah Hotel function centre. Congratulations to Janette Kincade, Kym Hobbs and Jeff Gamble on their awards. The night was a show of appreciation by the Management Committee to say a big thank you to those officials who work at area meets as well as attending home club races. It was a fun and very enjoyable evening with Pat Troy (SNSW President) and Jody Harrison (Lake Macquarie Mayor) attending as special guests.

I look forward to seeing most of you on pool deck again with some new faces hopefully appearing over the 2014/15 season.

3. **Swim Club Committee members** - All swim clubs' committee members are to be congratulated on being actively involved in our sport. While most club committee members become involved in their respective clubs as parents just wanting to help out and lend a hand, it is important to recognise that volunteering within your club enables our members to have a variety of swimming clubs to choose from which are able to cater to the individual needs of our members within Coast and Valley.

I know we have a few committee members retiring from their respective clubs this year with some who have given over 20 years of service, so I would like to say a big thankyou those members.

4. **Memberships and Registrations** – Coast and Valley Swimming Association had 4029 members register for the 2013/14 season which was around a 2% decline from last year,

though CVSA still recorded the highest number of swimming members in the state followed by Metro South East (3304) then Southern Inland (3291).

Online registrations had been placed on hold from late November 2013 to April 2014 which meant swim clubs had to revert to taking memberships manually. SNSW would like to thank everybody for their patience during this period. Should any club or registrar require assistance with the membership process, please contact myself or Michelle Kelly at SNSW.

APT Service Provider - While I understand this time has been very frustrating for most clubs, area (and SNSW staff), we all have to work with what we have and continue to keep moving forward. Michelle Johnson has been working over and above with the limited information she receives from the provider but has still been able to deliver up to date information to our NSW State members, so please keep on being patient with this process.

All CVSA swim clubs should have received communication newsletters and updates via emails from Michelle Johnson (SNSW) in regards to the Club Lane data base project and website information. All club secretaries were required to pass this information onto the relevant people within their club. It's very important that clubs have **read ALL the information** that has been provided before contacting the Michelle directly at the office.

Currently the National Results data base and uploading is being tested, then this will be followed by -

- Financial reporting and payments of fees to areas and clubs
- General reporting and general administration
- MyLANE
- upgrades to OME and membership.

5. **Competition** - CVSA competition structure has been in place for the past 3 years with the addition of 'Picnic Meets' in the last 12 months. I believe most clubs, coaches and parents have a better understanding of each meet and what we're trying to achieve and are entering the races in the 'Spirit' of how they were designed. During this time every swim meet has been conducted within the time frame set, which is also a credit to the efficiency of our technical officials. This has allowed for quality racing within our area at differing levels of competition whilst catering to all abilities..

Thank you to the Competition Committee for their efforts throughout the season and in particular Russell Waugh for the many hours he dedicates to assisting club with their programs in particular with Meet Manager and Team Manager.

6. **Development** - CVSA Development Squads saw 204 swimmers participate in our development activities throughout the season. This was an increase on the previous year. Thank you to the Development Committee for their dedication and time especially with our touring teams. Narelle Murphy did a wonderful job in organising the apparel once again.

Belinda Boon organised in kind sponsorship from Sanitarium plus the media reports for the Swimmer and the CVSA website.

Thanks to the few CVSA coaches that helped out and participated in our training days and especially those who helped mentor our two Scholarship coaches throughout the season.

2014 will see a slight change in the way development is delivered. There are blackout weekends specifically set aside for development (No Swim meets to be held across NSW) This is so we can have more participation from our coaches across the state. CVSA is also utilising these weekends for Technical Official training.

7. **CVSA Website** – The new CVSA website is continually being updated and has currently been operating successfully since December 2013. Thank you to Matt Frith and Jenny Schwetz for keeping the website up to date. If any clubs have any ideas on improving the website or wish to advertise club activities or events please contact the CVSA Secretary.

The website contains all CVSA policies, competitions / results and development activities and is updated on a regular basis. All CVSA members and swim clubs should refer to this site for various information and should save it as 'favourites' on your club or personal computers.

8. **CVSA Scholarship Coach** - CVSA once again offered a coaching scholarship program aimed at Bronze license coaches within the CVSA area. The CVSA scholarship program entitles up to two selected applicants the opportunity to gain their silver license coaching accreditation at the ASCTA conference on the Gold Coast. Amy Wilde of Central and Ben Fricker of Novocastrian Swim Club were the successful applicants this year and attended the conference in early May. Both coaches will assist with the CVSA Development Squads activities for the 2014 season.

Regards
Jarrod Anthony
SNSW Development Officer

LIFE MEMBERS & SERVICE EXCELLENCE AWARD RECIPIENTS 2013



Barbara Starr (past Secretary Northern District Swimming Association) presented Life Member badge to Narelle Murphy



Norm Roberts (Coast and Valley Swimming Association ATSC Co-ordinator) presented Life Member badge to David Richards



Jan Tredinnick (past President Northern District Swimming Association) presented Life Member badge to Jenny Schwetz



Pam Walton (past Treasurer Northern District Swimming Association) presented Life Member badge to Trish Roberts



Michele Burley-Jones & David Hinds presented Gordon Ferguson with his Service Excellence Award



Ian Johnson & David Hinds presented Norm Roberts with his Service Excellence Award

Coast and Valley Short Course Championships – 2013

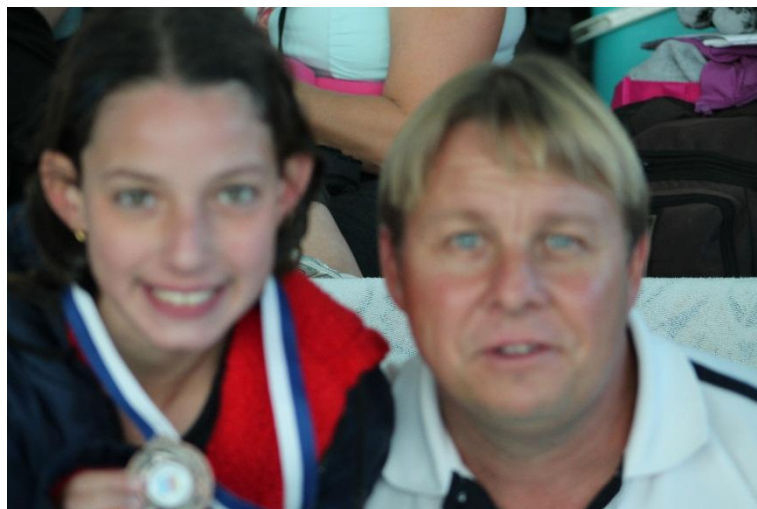
Andrew Jones

The 2013 Coast and Valley Short Course Championships were held on the weekend of 15/16 June at the Peninsula Leisure Centre – Woy Woy. PLC is an excellent venue and many quality times were achieved.

Competition in the pool was high class and for many athletes a great lead up to NSW Country and State Age and Open Championships in July and August.

The ten years and under age group was well contested in the girls between Abigail Sweeney of Hunter and Kayalah Holmes from Woy Woy. The boys division was dominated by Charlie Hawke from Y Valley Aquatic who broke 5 records. He was followed up by Riley Mather of Nelson Bay and Harrison Williams of Mingara.

During Session 3 Mingara Aquatic's Emily Leslie competing in the 12 Years and Under 200m Breaststroke broke the 10 Years NSW record. This is a provisional record requiring verification but an excellent swim from a very talented young breaststroker.



*Mingara Aquatic's Emily Leslie –
Provisional 10 Years Girls NSW 200m Breaststroke Record holder
with her coach Dwyane Peoples*

The eleven years age group was dominated by Hunter's Michaela Hazel who broke an amazing 7 CVSA records. She is followed up by Jasmine Anderson of Macquarie Shores and Christie Kwon of Mingara. In the boys the competition was shared between Lachlan Braddish of Woy Woy and Zayne Morphew-Watson of Nelson Bay.

The twelve year age group was dominated by Jade Frith of Novocastrian and Eden Leary of Gosford Stingrays. The boys division was dominated by Mingara Aquatics Shaye Booth followed by KPD's Lachlan Blake and Mingara team mate Cooper Woolley.

The thirteen years age group was dominated by Novocastrian's Chloe Jones. She was followed by KPD's Kate Richards and Cassidy Matterson. The boys division was dominated by Harrison Gallatly of Novocastrian followed by Harry Loader of KPD and Zak Taylor of NuSwim.

The fourteen years age group was dominated by Australian Age finalist Rachel Wood. Rachel broke two CVSA records and scored 160 points. She was followed by KPD swimmer Odette Hodgson and Novocastrians Alexandra Rees. The boys competition was dominated by multiple Australian Age medallist Bradley Woodward who scored 209 points and broke an amazing 7 records. He was followed by West Wallsend Indoor's Jacob Samsom and Declan Herring.

The fifteen years and over age group displayed high class competition. In the boys Ryan Leonard of Hunter broke 3 records outscoring his opposition. In the girls the NuSwim's Lucy Tabrett – six records and Hunter's Meg Bailey outscored their rivals.

CVSA is blessed in Multi-Class swimming, with Olympians Maddison Elliott – Novocastrian and Taylor Corry – Nelson Bay representing the area. Events over the weekend were dominated by Gosford' Robert Stott and Dylan Littlehales and Woy Woy's Joshua Smith in the male events. In the female events both Maddi and Taylor showed their class followed by Katelyn Smith of Woy Woy, Ling Gribble of Mingara and Shenai Williams of Raymond Terrace

At the end of the meet Coast and Valley Swimming Association President David Hinds presented the Swimmer of the Meet Awards. In the male competition Bradley Woodward of Mingara Aquatic scored 209 points and broke 7 individual records. Bradley is such a committed young athlete who gives his very best in every race he contests. In second place was Mingara team mate Shaye Booth and in thirds place Charlie Hawke of Y Valley.



*CVSA President David Hinds with Male Swimmer of the Meet Bradley Woodward
from Mingara Aquatic Swim Club*

In the female competition Rachel Wood from the Woy Woy club showed her class. Rachel scored 160 points and broke 2 CVSA records. Rachel displayed form in all disciplines over all distances, especially

the longer distances. Joint Female swimmer of the meet was Michaela Hazel from Hunter. In third place was Nu Swim's Lucy Trabrett.



*CVSA President David Hinds with Female Swimmer of the Meet
Rachel Wood from Woy Woy Swim Club*

Overall a staggering 69 records were broken out of 140 events. In one race alone the top six went under the previous record and all six swimming under the State Age qualifying time.

At the end of the two days of competition the Newcastle club Hunter were declared CVSA Club Champions scoring 1378.5 points, 2nd place to Kincumber Pacific Dolphins – 1359.5 points and 3rd place to Mingara Aquatic 1242.5 points.



CVSA Short Course Champions 2013 – HUNTER SWIM CLUB

On behalf of Coast and Valley Swimming Association sincere thanks is offered to Kincumber Pacific Dolphins and Gosford City Council for hosting the meet. Also a big thank you to the CVSA Technical officials for running a very smooth and efficient meet.

Congratulation to Coast and Valley swimmers selected in the 2013-14 NSWIS Emerging Talents Squads.

ETS Open

Leah Bird	Hunter
-----------	--------

ETS 13-18 Years

Abbey Harkin	Novocastrian	Meg Bailey	Hunter
Matthew Pender	West Wallsend Indoor	Bradley Woodward	Mingara
Jacob Sansom	West Wallsend Indoor	Myles Bailey	Woy Woy
Jade Moody	NuSwim		

2013-14 SNSW Age Development Squad

Alexandra Rees	Novocastrian	Oliver Moody	NuSwim
Ryan Leonard	Hunter	Keely Booth	KPD
Nicholas Duell-Ferguson	KPD	Cassidy Richardson	KPD
Kiran Richardson	KPD	Rachel Wood	Woy Woy
Alina Tape	Mingara		

Congratulations to swimmers selected in the following CVSA Development Squads for 2013

A SQUAD

Chloe	Bell	Nelson Bay	Cassidy	Matterson	KPD
Georgia	Bendall	Nuswim	Emma	McDonald	Nuswim
Jacqueline	Bird	Hunter	Connor	McQuilliam	West Wallsend Indoor
Steven	Boon	KPD	Alexandra	Rees	Novocastrian
Megan	Burgess	Mingara	Kiran	Richardson	KPD
Nicholas	Duell-Ferguson	KPD	Jacob	Sansom	West Wallsend Indoor
Lauren	Erichsen	Woy Woy	Brodie	Smith	Nuswim
Lane	Frith	West Wallsend Indoor	Lucy	Tabrett	Nuswim
Claire	Gaffney	KPD	Stephanie	Till	KPD
Odette	Hodgson	KPD	Cassandra	Van Breugel	KPD
Tyler	Jones	Mingara	Rachel	Wood	Woy Woy
Harry	Loader	KPD			

B SQUAD

Abbey	Adams	Nuswim	Taylor	Pearce	Nuswim
Erin	Boon	KPD	Amy	Phillips	Singleton
Tristan	Brooker	Nuswim	Karrah	Pickard	KPD
Amber	Can	Mingara	Bailey	Proud	Novocastrian
Jaida	Damstra	Novocastrian	Luke	Reinhard	Novocastrian
Jessica	Davies	Gosford	Laura	Reinhard	Novocastrian
Jordan	Forsyth	KPD	Georgina	Robinson	Gosford
Brandon	Gellatley	Novocastrian	Jackson	Ryan	Novocastrian
Bryce	Glanville	Wyang	Brandon	Reeves	Wyang
Minosa	Henderson	Woy Woy	Sarah	Reeves	Wyang
Daniel	Hope	Nuswim	Ella	Searant	Charlestown
Chloe	Jones	Novocastrian	Grace	Sedgman	Novocastrian
Lachlan	Jones	Singleton	Phoebe	Shearer	Novocastrian
Jennifer	Kwon	Mingara	Casey	Smith	Nuswim
Beau	Laczowski	Y Valley	Robert	Stott	Gosford
Amy	Lawrence	KPD	Bryce	Sutton	Mingara
Karly	Lewis	Singleton	Daniel	Sylvester	Mingara
Evelynne	New	Central Newcastle	Karla	Verschelden	Novocastrian
Llewellyn	New	Central Newcastle	Tony	Zanardi	Singleton
Blair	Davey	Novocastrian			

C SQUAD

Olivia	Adams	Nuswim	Olivia	McParlane	Woy Woy
Jasmine	Anderson	Macquarie Shores	Corryn	Porteus	Y Valley
Lachlan	Braddish	Woy Woy	Zayne	Morphew-Watson	Nelson Bay
Jack	Curran	Swansea	Leah	Nowlan	Raymond Terrace
Jasmine	Darwin	Woy Woy	Tasha	Oberlander	Woy Woy
Kai	De-Bellis	Mingara	Chloe	Papadopolous	Swansea
Paris	Dwyer	Mingara	Ellie	Richardson	KPD
Liam	Ferguson	KPD	Emily	Richardson	WWI
Jade	Frith	Novocastrian	Mitch	Robinson	Y Valley
Kaitlyn	Fuchs	KPD	Lachlan	Sandy	Nuswim
Isabella	Gregory	Mingara	Aden	Searant	Charlestown
Charlie	Hawke	Y Valley	Bailie	Stewart	Titans
Isabella	Hawke	Y Valley	Brielee	Taape	WWI
Kaylah	Holmes	Woy Woy	Zak	Taylor	Nuswim
Eloise	Keegan	Novocastrian	Jade	Vadala	Woy Woy
Jarrold	Kowalski	Swansea	Adam	Vincer	Novocastrian
Christie	Kwon	Mingara	Ethan	Walker	KPD
Emily	Lesley	Mingara	Ryan	Walker	Macquarie Shores
Adelaide	Markey	Hunter	Nathan	Ward	Swansea
Eden	Matterson	KPD	Charlise	Wheeler	KPD
Sienna	McAlister	Nuswim	Savannah	Wheeler	KPD
Imogen	McLoughan	KPD	Harrison	Williams	Toukley

D SQUAD

Benson	Emily	KPD	Lucas	Joel	Y Valley
Biddulph	Jessica	KPD	Mather	Riley	Nelson Bay
Bradford	Mitchell	Hunter Valley Allstars	Moore	Tegan	Nuswim
Bubb	Jordan	Novocastrian	Morrison	Matthew	Charlestown
Campbell	Sam	Mingara	Nowlan	Sierra	Raymond Terrace
Can	Haci	Mingara	Pearman	Angus	Swansea Sharks
Casey	Chloe	KPD	Pitcher	Allanah	KPD
Cryer	Mitchell	Nuswim	Press	Taylah	Woy Woy
Cuthbert	Tom	Gosford Stingrays	Puxty	Tamara	Toukley Sharks
Cuthbert	Tim	Gosford Stingrays	Rhind	Levi	Mingara
Cuthbert	Matthew	Gosford Stingrays	Rhind	Indiana	Mingara
Davies	Emily	Hunter Valley Allstars	Risstrom	Caitlin	NuSwim
Day	Dylan	Charlestown	Robinson	Daniel	Gosford Stingrays
Dillon	Fletcher	Nuswim	Robinson	Oliver	Gosford Stingrays
Erichsen	Brooke	Woy Woy	Roome	Emily	Titans
Forsyth-Paziu	Shaylah	KPD	Schmieden	Rose	Nuswim
Frost	Kiara	KPD	Shearer	Ben	Novocastrian
Gross	Axell	WWI	Smith	Fox	Titans
Hamilton	Teah	Mingara	Street	Jemma	Macquarie Shores
Hatcher	Kayla-Lee	Nuswim	Street	Hayley	Macquarie Shores
Hopkins	Emma	Charlestown	Taape	Macy	WWI
Hopkins	Parker	Charlestown	Wallace-Smith	Elke	Swansea Sharks
Houston	Emelie	Swansea Sharks	Warton	Jesse	Mingara
Hurley	Eireann	Nelson Bay	Wheeler-Phillips	Alex	Raymond Terrace
Janissen	Riley	Macquarie Shores	White	Carinya	KPD
Jankovic	Reece	Nuswim	Wright	Jayden	Charlestown
Jeffery	Oscar	Hunter	Mills	Dionne	Titans
Kenny	Emily	Raymond Terrace	Morgan	Emily	Hunter Valley Allstars

E SQUAD 2014

Sam	Dewey	Woy Woy	Ella	Lovell	Titans
Carl	Gearing	Novocastrian	Tayen	Marks	NuSwim
Luke	Gearing	Novocastrian	Anastacia	Morton	Wyong
Dylan	Gisbey	Novocastrian	Brendan	Park	Titans
Eliza	Gisbey	Novocastrian	Emily	Pung	Hunter
Thomas	Grice	Macquarie Shores	Jack	Seysener	NuSwim
Matthew	Hughes	NuSwim	Mitchell	West	Novocastrian
Grace	Jeffries	KPD			

C Squad trip Springwood Annual SC Carnival 21/07/13

Belinda Boon



At 4am on a cold Sunday morning, Coast and Valley Swimming Association's (CVSA) C Squad development team awoke to begin their journey to Springwood. Our team of 9-12 year olds were excited to be travelling as a team for the first time and experience their first taste of being away from their parents and travelling away. While, as they get older, these experiences may be State teams, rep teams and national teams; Coast & Valley's aim for this trip was to prepare its up and coming swimmers with a taste of things to come.



But there was no luxury of an overnight trip with a pre-meet arrival! The keen young swimmers, and the dedicated managers, were up bright and early for their trip ahead. With pickups at Fullerton Cove, West Wallsend Indoor and Ourimbah Rest stop it was an early start all round.



Traffic conditions were on our side and we arrived at Springwood at 7:15am. Our “support crew” from B Squad applied the war paint to urge some team bonding and it was game on!! After a chilly wait for the doors to open, we piled into Springwood Aquatic Centre and set up for the day



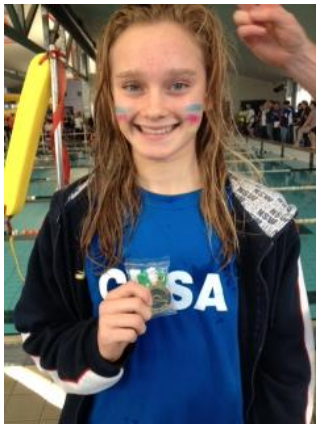
30 young state qualifying swimmers ranging from 10-13 years old lined up to warm up, eager to do well. Team spirit was high and bleary eyes were nowhere to be seen!

Warmed up by Jarrod Anthony (CVSA Development Officer) and Steven Boon assisted under the coaching development framework (CDF), this keen group of swimmers looked fantastic in their CVSA swim caps and dominated the pool.



The program began with 200 IM and CVSA were rewarded with their first medals of the meet. They were the first of many more to come throughout the day. Cheering excitedly for their team mates, many of these swimmers had only really met each other for the first time when they all attended a development day the month before at the Forum at Newcastle University.





Throughout the day, swimmers went to Jarrod for their race plan (all advice guided by their home coaches), then went off to race, returned to Jarrod before going to Steven for a swim down, or if required, a pre-race warm up.



Charlie Hawke dominated the 10 years boys and Jasmine Anderson, the 11 years girls by taking away an impressive haul of 5 gold medals each for the day. Zane Morphew-Watson received an impressive 3 gold and 5 silver medals and Jade Vadala swam an amazing effort in her 11-12yrs 100m freestyle by taking a huge 10.80 seconds off her personal best time.

Coast and Valley swimmers not only came away with 20 gold, 16 silver and 17 bronze medals, nearly every swimmer came away with a PB as well! They also came away with an insight into a team environment, new friends and huge smiles on their face.

All involved had a great day and the CVSA development team managers and coaches are looking forward to their next development trip in their busy calendar, when they take the B squad to Canberra in September to compete in the Area B Squad Meet. Last time this particular meet was held, CVSA were the hosts and their team of swimmers came out winners of the overall pointscore. Lets see if they can be as succesful this year in Canberra.

B Squad Meet 2013

Belinda Boon



Canberra International Sports & Aquatic Centre (CISAC) was the venue for this year's NSW Swimming B Squad Meet (which also incorporated C squad for some areas).

Team Spirit was the theme of the weekend with all 24 swimmers entered into almost every event from 50 freestyle to 400 IM to gain the maximum number of points for CVSA. Leaving early Saturday morning, we left in high spirits for our weekend ahead. Arriving in Canberra at 12.30pm, the team had a talk and warm up with coaches Adam Beisler and Tom Davis. Then into the stands for their application of "war paint" from the managers Belinda Boon and Trish Roberts – it was game on!!! Peter Reinhard and David Hinds were allocated officiating duties for the meet.



The cheering started early with the first events as these were the relays. Pom Poms were shaking and chants were heard loudly as the first points were on the board. Then it was straight into a jam packed program for all the swimmers who were swimming between 13 and 15 events for the weekend!

Day one saw some outstanding results with the coaches naming **Evelynne New** (senior girl), **Chloe Jones** (junior girl), **Jordan Forsyth** (senior boy), and **Llewellyn New** (junior boy) swimmers of day one.

After a hard afternoon of competing, it was off to YMCA Bush Capital Lodge for the night. After allocating rooms and changing, it was off to the kitchen where Belinda had made a batch of Spaghetti Bolognaise for dinner that was quickly devoured followed by jelly and custard. Then we went to the common room for a game of trivia. Each room had a team and, while some questions were quite hard, everyone had a lot of fun with this. The winning team of girls enjoyed their chocolate winnings! Off to bed they all went (eventually!) before another huge day of swimming.



Bright and early Sunday morning, the swimmers packed their things and off to breakfast. This was cereal kindly donated by Kelloggs which was greatly appreciated by all. Quick tidying of the rooms and we were off to the pool once again. After a team talk with Tom and Adam, the swimmers were outside for a stretch then in for a warm up before their big day. Most swimmers had 9 events with some 11!

Sunday was even more exciting than Saturday because the swimmers swam absolutely fabulously! The swimmers had to swim events they would have not normally swum. Some swimmers had never even attempted some events before but swam them because they knew it meant maximum points for CVSA.

Coaches awarded **Erin Boon** (senior girl), **Jessica Davies** (junior girl), **Lachlan Jones** (senior boy) and **Lucas Baita** (junior boy) as swimmers of the day for the Sunday sessions.

Coaches chose each swimmer of the day (both Saturday and Sunday) as those they felt put in 100% effort for all events.



Incredible performances were from **Evelynne New** (16yrs) who placed 1st in 50 fly, 100 fly, 50 free & 50 breast, 2nd in 100 breast, 200 IM, and 200 breast and 3rd in 200 free. **Erin Boon** (15yrs) who placed 1st in 200 fly, 2nd in 200 free and 100 fly and 3rd in 50 fly, 50 back, 400 IM and 200 back. **Tristan Brooker** (13yrs) who placed 1st in 50 breast, 2nd in 400 free, 100 breast, and 200 breast, and 3rd in 200 free and 200 back. **Chloe Jones** (13yrs) who placed 1st in the 50 back and 100 back, 2nd in the 50 fly and 400 IM and 3rd in the 10 free and 200 back.

Significant performances were also from **Amber Can** (15yrs) who placed 1st in 50 back and 200 back, 2nd in 100 back and 200 fly and 3rd in 50 breast. **Amy Phillips** (15yrs) who placed 1st in 50 fly, 2nd in 50 back and 50 free, and 3rd in 100 back. **Jackson Ryan** (13yrs) who placed 1st in 100 back, 2nd in 50 back and 200 back, and 3rd in 50 breast.



Notable performances were from **Lucas Baita** (13yrs) who placed 2nd in 100 fly, 50 fly and 400 IM. **Blair Davey** (16yrs) who placed 1st in 100 free and 20 free and 2nd in 400 free. **Jordyn Forsyth** (18yrs) who placed 2nd in 100 fly and 200 fly and 3rd in 50 fly. **Lachlan Jones** (15yrs) who placed 3rd in 100 breast and 200 breast. **Bailey Proud** (13yrs) who placed 1st in 400 IM and 3rd in 400 free. **Karly Lewis** (15yrs) who placed 2nd in 200 back and **Bryce Sutton** (16yrs) who placed 3rd in 200 fly.



Every swimmer swam with heart and determination. Even though they were often still in the water when being marshalled, so had very little time between events, they swam enthusiastically and with great team spirit. Not to mention that each and every swimmer behaved exceptionally well all weekend and were absolute pleasures to have taken away for the weekend.

Overall, CVSA came 2nd on the pointscore with 341 points. This was a fantastic effort considering we had 24 swimmers and the winners, Metro South East, scored 402 points but had 42 swimmers.

D Squad NSW Development Meet

22nd September 2013

Belinda Boon

Nervous but excited faces filled the coach to Sydney Olympic Park Aquatic Centre to compete in the NSW Development Meet. CVSA's D Squad of 50 athletes aged 9-14 years boarded the coach bright and early and made a good run to Homebush, arriving at 7.40am.



Warmed up by head coach on the day, Tom Davis, the team were in high spirits for their day ahead. Some were very nervous because they didn't know what to expect but soon settled once the day was underway.



Customary war paint was applied and voices tuned for cheering; the racing began. CVSA's first medal came to **Dylan Day** who took out the gold 9-10yrs boys 50m Fly. This was followed by almost every swimmer obtaining a PB in their fly events. Our next medal came to **Eireann Hurley** who won gold in the 11yrs 50m Back. Again, PB's were aplenty and smiles were visible all round.

Next were the relays. Unfortunately, due to withdrawals, we couldn't man all teams that were entered but nonetheless, we represented in all relay events with at least 2 teams in each event. Silver was the colour here with a second going to CVSA 'A' team in the 200m 9-10yrs mixed relay consisting of **Axell Gross, Teah Hamilton, Jemma Street, and Dylan Day**.

After the relays was the lunch break and time for a group photo. Tummy's refuelled and energy restored and it was on to Breast and Free. These proved to be our best events. **Riley Janissen** and **Elke Wallace-Smith** began by taking silver in their respective 13yrs 50m breaststroke. Then the freestyle saw a double from **Eireann Hurley** and **Emily Roome** who achieved silver and bronze in the 11yrs, **Dylan Day** - a gold in the 9-10yrs and **Jemma Street** - a silver in the 9-10yrs.



Every swimmer who attended the meet came away with at least 2 PB's each, some achieving 4/4. Each swimmer gave 100% and were very pleased with themselves at the end of the day. Looking forward to their next carnival, we all travelled home in good spirits. Thanks go to David Hinds, Narelle Murphy, Belinda Boon and Tom Davis who gave up their day to attend the carnival with the athletes.

Coast and Valley Long Course Championships – 2013

Andrew Jones

The Coast and Valley Long Course Championships were held on the weekend of 30 November and 1 December at the Peninsula Leisure Centre – Woy Woy. This year visitors from other areas attended the championships looking for qualifying times and this provided added competition in many events for CVSA swimmers.

Competition in the pool was high class and for many athletes a great lead up to NSW State Age and Open Championships.

The nine years and under age group is always an exciting age group to watch as many of these swimmers are attending their first championships. The boys division was won by Hunter's Thomas Feldman who edged out teammate Charles Walker. The girls' competition was dominated from Emily March of Hunter who doubled the points of his nearest rivals.

The ten years age group saw Riley Mather of Nelson Bay give his all scoring 24 points over his competition. The girls was dominated Emily Jones of Novocastrian who scored 45 points more than her opposition.

The eleven years girls age group was won by Claudia Yates of Hunter Valley All Stars who scored 79 points. The boys was dominated by two swimmers Zayne Morphey-Watson of Nelson Bay and Charlie Hawke of Y Valley Aquatic. Zayne scored 129 points and Charlie 124 points, blizing the opposition by over 80 points.

The twelve year age group was dominated by Hunter's Michaela Hazell who scored 195 points and broke 6 individual records. Shaye Booth of Mingara completely dominated the boy's with some impressive swims scoring 166 points, 100 points ahead of his opposition.

The thirteen years age group was won by Novocastrian's Harrison Gellatly and Myles Bailey of Woy Woy. The girls division was dominated by Novocastrian's Chloe Jones ahead of KPD's Kate Richards.

The fourteen year girl's age group was totally dominated by Cassidy Matterson of Kincumber who scored 129 points Jacob Samson displayed his class in the fourteen boys scoring 165 points and breaking 3 records.

The fifteen years and over age group displayed high class competition. In the boys Matthew Pender of West Wallsend Indoor won the age group followed by Mingara's Bradley Woodward. In the girls the Novocastrian's Abbey Harkin dominated the pointscore followed by Hunter swimmer Meg Bailey.

CVSA is blessed in Multi-Class swimming, with Olympians Maddison Elliott – Novocastrian and Taylor Corry – Nelson Bay representing the area. Events over the weekend were dominated by Mingara's Troy Puttergull and NuSwim's Callum Sanderson in the male events. In the female events both Maddy and Taylor showed their class followed by Katelyn Smith of Woy Woy and Ling Gribble of Mingara.

At the end of the meet Coast and Valley Swimming Association President David Hinds presented the Swimmer of the Meet Awards. In the male competition Shaye Booth - Mingara scored 166 points. Shaye is such a committed young athlete who gives his very best in every race he contests. In second place was Jacob Samson – West Wallsend Indoor who scored 165 points. In third place was Nelson Bay's Zane Morphey-Watson who scored 159 points and broke 6 records.

In the female competition Michaela Hazell from the Hunter who showed her ability to keep on going. Michaela scored 195 points and broke 6 records. In second place was Chloe Jones from Novocastrian who scored 125 points and broke one record. In third place was Macquarie Shores swimmer Jasmine Anderson who scored 120 points.

Overall a staggering 54 records were broken out of 138 events. In one race alone the top four went under the previous record and seven swimming under the State Age qualifying time.

At the end of the two days of competition Novocastrian were declared Club Champions scoring 1587 points, 2nd place to Hunter – 1305 points and 3rd place to Mingara 1233 points.

On behalf of Coast and Valley Swimming Association sincere thanks is offered to Kincumber Pacific Dolphins and Gosford City Council for hosting the meet. Also thanks to our CVSA Technical Officials who give so freely of their time and expertise to ensure the meet is run with such professionalism.



CVSA Long Course Championships Female Swimmer of the Meet – Michaela Hazell – Hunter with CVSA President David Hinds



CVSA Long Course Championships Male Swimmer of the Meet – Shaye Booth – Mingara with CVSA President David Hinds



David Hinds (CVSA President) presents the Champion Club Award to Adam Beisler – Head Coach - Novocastrian Swim Club

2014 NSW Country Regional Meet, Singleton

Meet Director's Report

Martin Phillips

Singleton Amateur Swimming Club played host to one of three NSW Country Regional meets held over the weekend of 4-5 January 2014. Formed in January 1928, the Singleton club is one of the oldest in country NSW, so it was a special occasion for this prestigious event to be held during the month of our 86th birthday!

This was a time when Singleton needed to shine, and shine it did! Temperatures in the mid-30's over the two days provided perfect summer conditions for swimming, although keeping the Technical Officials hydrated was a full-time job.

The venue proved to be highly successful, with the open-air grandstand providing a great vantage point for spectators and an indoor pool for warm-up/cool-down.



A welcome BBQ was held on the Friday night which provided an opportunity for visiting clubs to acquaint themselves with the Singleton club and the facilities, as well as “setting up camp”. In keeping with the “country carnival” atmosphere, free activities such as face painting, balloon art, a jumping castle, “mini-Olympics” and African drumming workshops were available for siblings and swimmers during breaks.

The meet attracted 306 swimmers (1,674 individual entries) from 44 clubs across the state. The change in the timing of the event, placing it before State Age, also lured several visiting clubs from Sydney.

The competition was of a high standard with many swimmers setting personnel best times over the weekend. While there were many highlights, the one that will stay with many in the crowd was the joyful celebration of multi-class swimmer, Jacana McDonald, on finishing her 50m butterfly race.



Swimming NSW representatives in attendance were SNSW Board Director, Janelle Barnett, CVSA Development Officer, Jarrod Anthony, Technical Swimming Committee members, Graeme Field and Jose Jalvo.

Sincere thanks to those Technical Officials who nominated to officiate at the meet, for without their input the meet would not have been the success that it was. Special thanks also is extended to the CVSA board for their guidance in the lead up to the event, particularly Cathy & Jim Sheedy for their time in training and assessing the club's technical officials.

The benefits of holding such a large event in regional towns cannot be underestimated. Early engagement with the local council, newspaper and pool management (YMCA) not only ensured that the meet was run successfully, it also provided the opportunity for local businesses such as accommodation, services and retail providers, to capture fresh business from the large influx of visitors.

On behalf of Singleton Amateur Swimming Club, I'd like to thank Swim NSW for selecting and supporting our club in hosting a 2014 NSW Country Regional meet.

Technical Officials Dinner

Michele Burley-Jones

A very well appreciated Technical Officials Dinner was offered to invited guests to attend on Saturday 3rd May, 2014 at The Balcony, Gunyah Hotel, 644 Pacific Highway, Belmont where approximately 30 people attended including the Mayor of Lake Macquarie and the President of Swimming NSW (Pat Troy). The food was outstanding and the company great and thoroughly enjoyed by all. It is a MUST for the calendar each year.

Presentation was made to outstanding Technical Officials for the past season and only one was available on the night being Jeff Gamble.

Attached are a couple of many photos taken to show the fabulous night.



Jeff Gamble (Encouragement Award) with David Hinds (President CVSA), Norm Roberts (Technical Committee Convenor), Jodie Harrison (Mayor LMCC), and Pat Troy (President, Swimming NSW)



Technical Officials dinner guest

MANAGEMENT COMMITTEE MEETING ATTENDANCE

JUNE 2013 – MAY 2014

Name	Meetings held	Meetings attended
David Hinds	12	12
Jenny Schwetz	12	12
David Richards	12	11
Trish Roberts	12	10
Russell Waugh	12	12
Tom Davis	7	3
Norm Roberts	12	12
Matthew Frith	12	4
Michele Burley-Jones	12	10
Ian Johnson	12	11

COAST AND VALLEY - CLUB CONTACTS

Current June, 2014

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Clarencetown Comets SC	Stacey Graham	clarencetowncomets@gmail.com	
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East Maitland Olympic SC			
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Hunter SC	Karen Keegan	info@hunterswimclub.com.au	0417 206 591
Hunter Valley All Stars SC	Tracy Morgan	Tracymorgan4@hotmail.com	0427 633 635
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Lower Hunter Aquanauts	Katherine Luke	lowerhunteraquanautsasc@gmail.com	0411 489 928
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Maitland SC	Dianne Morris	maitswim@gmail.com	02 4930 0301
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Morisset Meteors SC	Sally Nowalinski /Louise Kettles	sallynowalinski@hotmail.com	0417 734 332
Nelson Bay RSL			
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Singleton ASC	Melissa Geale	singletonswimming@hotmail.com	0416 267 618
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