



# HUNTER SWIM CLUB

## ERIC ARNOLD MEMORIAL

### QUALIFYING MEET

### SATURDAY 14th NOVEMBER 2020

Sponsored  
by



- LAMBTON POOL, Durham Road, Lambton.
- SOLAR HEATED, 9 LANE, 50M POOL WITH SWIM DOWN FACILITIES.
- **WARM UP 12:30 PM - START 1:00 PM.**

**ENTRIES CLOSE:**  
**25<sup>th</sup> OCTOBER**  
**LIMITED ENTRIES-NO LATE ENTRIES ACCEPTED**

M	F	AGE	STROKE	DIST	DIVISION		M	F	AGE	STROKE	DIST	DIVISION
1	2	12/U	IM	200	1		21	22	12/U	FLY	50	1
3	4	13/O	IM	200	1		23	24	13/O	FREE	200	1
5	6	12/U	FREE	50	1		25	26	12/U	BACK	100	1
7	8	13/O	FREE	50	1		27	28	13/O	BACK	100	1
9	10	12/U	BREAST	100	1		29	30	12/U	BREAST	50	1
11	12	13/O	BREAST	100	1		31	32	13/O	FLY	200	1
13	14	12/U	BACK	50	1		33	34	12/U	FREE	100	1
15	16	13/O	FLY	100	1		35	36	13/O	FREE	100	1
17	18	12/U	FLY	100	1		37	38	13/O	BREAST	200	1
19	20	13/O	BACK	200	1							

## QUALIFYING TIMES

**DIVISION 1 – ENTRY TIMES MUST BE EQUAL TO OR FASTER THAN APPLICABLE QUALIFYING TIME**

STROKE	AGE	50M		100M		200M		400M		800M	1500M
		M	F	M	F	M	F	M	F		
FREE	12/U	49.00	52.00	1.38.00	1.38.00	-	-	-	-	-	-
	13/O	40.00	43.00	1.23.50	1.28.00	2.48.50	2.53.50	-	-	-	-
BREAST	12/U	59.00	1.09.00	2.06.50	2.07.00	-	-	-	-	-	-
	13/O			1.53.00	1.54.50	3.27.00	3.35.00	-	-	-	-
FLY	12/U	51.00	59.00	1.50.00	2.00.00	-	-	-	-	-	-
	13/O			1.25.00	1.37.00	2.57.00	3.12.50	-	-	-	-
BACK	12/U	56.00	1.02.00	1.50.50	1.52.50	-	-	-	-	-	-
	13/O			1.34.50	1.38.00	3.06.00	3.12.50	-	-	-	-
IM	12/U	-	-	-	-	3.12.50	3.23.50	-	-	-	-
	13/O	-	-	-	-	3.07.00	3.17.00	-	-	-	-

## **CONDITIONS OF ENTRY**

1. This is a Coast & Valley Area approved meet. Electronic timing will be used.
  2. The Eric Arnold Memorial Meet will be conducted under the Rules of Swimming NSW.
  3. Entries to be Submitted online through Swim Central
  4. NO LATE OR PHONE ENTRIES WILL BE ACCEPTED.
  5. Entries \$3 per event. **(Competitors restricted to 5 events only)**
  6. Facility entry fee of \$5 per swimmer to cover pool entry. (Covers entry for swimmer & Parent)
  7. Age as at 14th November 2020. Qualifying times will apply (see below)
  8. Entries close 25<sup>th</sup> October 2020 or when limit is reached.  
Enquiries to Hunter SC Race Secretary email: [race.huntersc@gmail.com](mailto:race.huntersc@gmail.com)
  9. Due to COVID restrictions Medals and Prize money will not be awarded at this event.
  10. The Hunter Swim Club reserves the right to combine events where there are insufficient entries in any event.
  11. The meet timeline will be available online prior to the meet. This carnival will be restricted to four hours. We request that you arrive just prior to your events. A warmup pool will be available.
  12. Programmes will NOT BE SOLD at this meet. They will be available to download.
  13. IF YOU ENTER THIS MEET YOU ACCEPT THAT YOU WILL BE ROSTERED ON TO TIMEKEEP.
- NSW swimming has advised that timekeepers should not be changed regularly. We will break for 15 minutes at the halfway point to change timekeepers.

## **COVID -19 CONDITIONS OF ENTRY**

1. We advise all participants that they must NOT attend this carnival if in the past 14 days they have: been unwell or had any flu-like symptoms or been in contact with a known or suspected case of COVID-19. Please check the NSW Government website for advice regarding the full list of symptoms associated with COVID-19 infection: <https://www.nsw.gov.au/covid-19/symptoms-and-testing>.
2. Participants must NOT attend if in the past 14 days they have visited Victoria.
3. Participants must NOT attend if in the past 14 days they have visited any Hot Spots as listed on the NSW Health Website.
4. **Due to COVID restrictions please be advised that only ONE SPECTATOR/PARENT can attend the event per household. No non swimming siblings will be permitted.**
5. In accordance with the Lambton Pool COVID Plan there are restrictions around use of change rooms and toilet facilities. All swimmers are asked to arrive dressed ready to compete. Swimmers are encouraged to leave immediately after their races and avoid the change areas and toilets.
6. Parents, club managers, and coaches are responsible for ensuring that their team members adhere to social distancing, both within the venue and warm up pool at all times. Coaches & Swimmers are required to maintain social distancing at all times. Swimmers and parents will sit adequately spaced around the pool. COVID-19 Officers will be present. Signs are displayed at Lambton Swimming Pool.
7. Parents are asked to print and complete the COVID Form and hand to the Hunter Swim Club COVID Officers inside the front gate on arrival.
8. **On arrival at Lambton Pool Parents are requested to complete the COVID QR Tracking App to register attendance at the pool. The QR code is attached so you can register Saturday morning prior to attending the meet, (please take a screen shot of completed message to prove you have submitted the form as you will not be allowed entry without this proof).**
9. Those not observing COVID rules will be asked to leave the venue.

**We thank you in advance for supporting our carnival by attending and for cooperating with these COVID rules and helping to keep everyone safe.**

**Happy Swimming!**  
**Hunter Swim Club**

## COVID-19 DELARATION FORM

The completed form must be handed in on arrival  
at the pool to the Hunter SC COVID marshals.

I, \_\_\_\_\_

**FULL NAME**

**CONTACT NUMBER** (Mobile preferred) \_\_\_\_\_

I declare that I or my Family Members:

	Have not visited or had visitors from ANY designated NSW Government COVID-19 HOT SPOTS Alerts in the LAST 14 DAYS.														
	Have not been to or had a visitor from any of the currently listed locations linked to the NSW COVID-19 Outbreak in the LAST 14 DAYS.														
	Have not been or had a visitor who has been overseas in the LAST 14 DAYS														
	Have not travelled on a plane or cruise ship in the LAST 14 DAYS.														
	Are not in close contact with or caring for someone who is currently unwell														
	Have not been in contact with a confirmed or suspected case of COVID-19 in the LAST 14 DAYS														
	Have been tested for COVID-19 and waiting the results														
	Have not been directed to be in self-isolation for a 14 DAY Period after contact tracing of a confirmed case														
	Have not currently or within the last 7 days been unwell or been aware of any of the following symptoms:														
	<table><tbody><tr><td>• Fever, night sweats or chills</td><td>• Joint pain</td></tr><tr><td>• Cough</td><td>• Muscle pain</td></tr><tr><td>• Runny nose</td><td>• Headache</td></tr><tr><td>• Sore or scratchy throat</td><td>• Diarrhoea</td></tr><tr><td>• Shortness of breath</td><td>• Nausea/vomiting</td></tr><tr><td>• Loss of taste</td><td>• Loss of appetite</td></tr><tr><td>• Loss of smell</td><td></td></tr></tbody></table>	• Fever, night sweats or chills	• Joint pain	• Cough	• Muscle pain	• Runny nose	• Headache	• Sore or scratchy throat	• Diarrhoea	• Shortness of breath	• Nausea/vomiting	• Loss of taste	• Loss of appetite	• Loss of smell	
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**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_